

Suggested Use: Adults: Take 1 soft gel daily, or as directed by your healthcare provider. Do not exceed 2 soft gels daily unless directed by your healthcare provider.



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Children, women who are pregnant or nursing, and all individuals allergic to any foods or ingredients should consult their healthcare provider before using this product. You should not stop taking any medication without first consulting with a healthcare provider. To report a serious adverse event or obtain product information, contact 1-800-991-7116.

Store in a cool, dry place.
Do not use if seal is broken.

Item 31270

L1101-01

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Essential D

Premium Nutrients
for Maximum Absorption



Dietary Supplement
30 Soft Gels

Supplement Facts

Serving Size 1 soft gel

Servings per Container 30

	Amount per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol)	5,000 IU	1250%
Vitamin E (as d-alpha-tocopherol)	30 IU	100%
Essential D Proprietary Blend Broccoli Whole Plant Powder, Tocotrienol & Tocopherol Oil, Lecithin, Olive Oil	424 mg	†
Plant Based Sterol Esters	100 mg	†

† Daily Value Not Established.

Other ingredients: Yellow Beeswax, Gelatin, Glycerin, Water and Caramel (color).

Contains: Soy



Manufactured for and distributed by TriVita, Inc., Scottsdale, Arizona USA